



Activity Kit Guidelines

Creating care kits is a fun and rewarding way to give back to our Lucile Packard Children's Hospital Stanford community. We ask that groups are limited to less than 15 participants while assembling kits. Please contact our team if you plan on creating more than 150 kits. For more information or guidance in regards to care kits, please contact InKind@LPFCH.org.



For infection control reasons, all items must be **brand new**. We also ask for **brand name items only**.



Please **no handmade cards or personal letters** for patients.



Please place items in a new, sealed bag. Ziploc bags are acceptable.



Please make sure to **wash your hands** and assemble kits in a sanitized setting.



Groups are responsible for providing contents of the kits. All items are appreciated by patients and families.



Donation drop-off is available **Monday–Friday, 8am–4pm**, at the Hospital's main building front desk, 725 Welch Rd, Palo Alto.



Kit Contents

- Character coloring books or adult coloring books
- Crayola crayons or Crayola pencils
- Bubbles or Fubbles (no spill bubbles)
- Silicone stress ball (no latex)
- Pop-It (fidget toy)
- Pop tubes
- Light spinners
- Stickers
- Play-Doh
- Liquid motion bubbler
- UNO/playing cards
- Sensory glitter wand

Hygiene Kit Guidelines

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Kit Contents

- Toothbrush
- Toothpaste
- Mouthwash (travel size)
- Individual floss sticks (packaged)
- Laundry pods
- Comb/brush
- Shampoo (travel size)
- Conditioner (travel size)
- Soap (travel size)
- Deodorant
- Sleep mask
- Hand lotion (unscented preferred)
- Lip balm (unscented preferred)
- Miniature loofah

School Care Kit Guidelines

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Kit Contents

- Backpack (simple preferred)
- Pencil box
- Pencils
- Erasers
- Crayola crayons
- Composition notebooks
- Ruler
- Highlighters
- Index cards



Developmental Music Therapy Kit Guidelines

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Kit Contents

- Small maracas
- *Brown Bear, Brown Bear, What Do You See?* book
- Egg shaker
- Tambourine
- *Twinkle, Twinkle, Little Star* book
- *Twinkle, Twinkle, Little Star* Spanish book



Ukulele Music Therapy Kit Guidelines

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Kit Contents

- Ukulele
- Tuner
- Ukulele felt pick
- Ukulele chords chart
- Mini song book
- Disney song book
- Pop song book

Teen Art Therapy Kit Guidelines

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Kit Contents

- Mont Marte acrylic paint set
- Canson mixed media pad
- Paintbrush set
- Sketch pencil and charcoal set
- Plastic paint palette
- Rocks to paint (1-2 per kit)
- Staedtler double-ended markers



Bingo Prize Kit Guidelines

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Please **no handmade cards or letters** for patients. Gift Cards are accepted (\$5 Starbucks or \$5 Apple gift cards)



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Kit Contents

- L.O.L. Surprise! dolls (1 doll per kit) — Bubble Foam Lil Sisters; Mermaid Tots with Color Change Tail; Bubble Surprise Pets; All Star Sports; Hair Beads Tots; Loves Crayola Tots; Mini Sweets
- Mini Brands (1 capsule per kit) — Please no "Mini Brands Create" Series 5; Disney Store; Home Capsule; Retro; Foodie Series
- Funko POP! collectibles — Disney, Marvel, DC, Star Wars, Pokémon, Cartoon Characters (kid friendly)
- Squishmallow — 5" mystery pack or individual 5"
- Kinetic sand — 10 or 12 pack Castle Containers (4–4.5 oz.)
- Pokémon Booster Packs (*Scarlet & Violet*) — Destined Rivals, Journey Together, Prismatic Evolutions, Surging Sparks, Stellar Crown, Shrouded Fable
- Lego sets (about 120 or 175 pieces)

School-Age Art Therapy Kit Guidelines

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Kit Contents

- Crayola washable markers
- Crayola paint set with brushes and paper pad
- Crayola Model Magic set
- Stickers (1 book per kit):
 - Flowers
 - Puppies in PJ's
 - Dinosaurs